



Tuggerah Public School

1 Pacific Hwy
Tuggerah, NSW 2259

Ph: 02 4352 1116

Fax: 02 4351 2827

Email: tuggerah-p.school@det.nsw.edu.au

13 Dec 2024

Dear Parent / Carer,

2025 Swimming Carnival

Our 2025 school swimming carnival is held for students aged 8 - 13 years (including students turning 8 in 2025) who are able to swim 50 metres (one lap of the Mingara pool) confidently and independently in the correct stroke, without holding the lane ropes, to attend and compete at this carnival.

Event details:

Date: 12th February 2025

Transport Arrangements: Bus transportation for all competitors, including 100m freestyle swimmers.

Time: Bus will leave school at 9am sharp and return to school in time for afternoon buses.

Venue: Mingara Aquatic Centre

Cost: \$26 per student

Permission Note / Payment due no later than: Monday 10th February 2025

What to bring / clothing: Students are to wear school or sports uniform to school with appropriate swimwear underneath. Please pack a towel (labelled), underwear, water bottle and goggles (if desired). Students will need a plastic bag to carry wet swimwear and towel after the carnival.

**** No crepe paper, streamers or coloured hair spray please ****

Food: No canteen will be available. All students need to bring lunch, water and snacks.

Students that qualify for the Tuggerah Lakes Zone Carnival will be notified as soon as possible after the carnival has concluded and results are finalised. The 2025 Zone Swimming Carnival will be held at PENINSULA LEISURE CENTRE, 243 Blackwall Road, WOY WOY on Tuesday 18th March, 2025. Qualifiers for Zone will need to arrange their own transportation to and from the pool.

Qualifying Times for Tuggerah Lakes Zone:

8yrs 50m Freestyle: 1m20sec

Jnr (8-10yrs) 50m Breaststroke: 1min25s

Jnr (8-10yrs) 50m Backstroke: 1min20s

9yrs 50m Freestyle: 1min15s

11yrs 50m Breaststroke: 1min20s

11yrs 50m Backstroke: 1min15s

10yrs 50m Freestyle: 1min10s

12/13yrs 50m Breaststroke: 1min15s

12/13yrs 50m Backstroke: 1min10s

11yrs 50m Freestyle: 1min05

12yrs 50m Freestyle: 1min

ALL AGE 100m Freestyle 1min30s

In the event of injury, no accident or medical insurance cover is provided by the NSW Government Treasury Managed Fund for students participating in school sporting activities, physical education lessons or any other school endorsed activity, unless there is a breach of duty of care by department or school staff. The NSW Department of Education is insured to meet the financial impact of any legal liabilities arising from its activities. It does not provide, nor has it ever provided, accident or medical insurance for students enrolled in government schools.

Concussion management

When a student enrolled in a government school is diagnosed with concussion, the principal must be advised in writing as soon as the diagnosis is confirmed. Students may only return to sport and physical activity once a medical clearance has been provided to the school and, if at a school sport event, to the supervising teacher.

Any student that experiences a suspected concussion during a school-endorsed activity, will be removed from the activity and parents/carers will be advised that a medical follow-up is required.

If medical clearance is not provided, the student cannot participate in vigorous or competitive school sport or physical activities for 21 days from the concussion date.

Sincerely,
Ms Drew
Activity Organiser

Mrs Percival
Principal

Return permission slip to the office and pay via the Sentral Parent Portal by Monday 10th February, 2025.

I give / do not give permission for _____ of class _____ to attend the 2025 swimming carnival at Mingara Aquatic Centre on Wednesday 12th February, 2025 at a cost of \$26.00. I understand the transport arrangements for this activity is via bus transport for all students.

_____ My child is a strong swimmer: My child can comfortably swim 50 metres in deep water in one stroke without stopping. (Please tick you agree with this statement)

My child will be turning age _____ in 2025.

My child will participate in the following events (late entries on the day will not be accepted):

_____ 100m freestyle event
_____ 50m Freestyle
_____ 50m Backstroke
_____ 50m Breaststroke
_____ 50m Butterfly
_____ 200m individual medley

At the end of the carnival, my child: (tick next to the appropriate response):

_____ will be taken home from the pool by a parent (please let the office know if another adult will be collecting your child)

_____ will return to school on the bus

- I acknowledge that my child will receive first aid or medical care during the event if required. The NSW Ambulance Schools and Group Cover Scheme 2024 (ASGCS) is an insurance policy that provides coverage for emergency ambulance services to NSW public school students attending approved, fully supervised school activities.
- I acknowledge my child has no medical condition or injury that places them at risk by participating in this event.
- I can confirm that I understand that, in the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity.
- If my child is diagnosed with concussion at any time, I must inform the school and provide a medical clearance to support their return to sport and physical activity. If my child experiences a suspected concussion during a school activity, they will be removed from the activity and medical follow-up recommended.

Signed (parent/carer): _____ Date: _____

Parent's daytime contact no.: _____

Please list any medical issues we need to be aware of in relation to this activity: