



Tuggerah Public School

1 Pacific Hwy
Tuggerah, NSW 2259

Ph: 02 4352 1116

Fax: 02 4351 2827

Email: tuggerah-p.school@det.nsw.edu.au

07 Mar 2025

Dear Parent / Carer,

K-6 Gymnastics & Fundamental Movement Skills

To get our children outdoors and active we have booked Sport in Schools Australia this year to implement a PE program in term 2 for all K-6 students. SISA are a team of professional PE instructors employed to run the program which encompasses the skills and fitness components of the PD/H/PE Syllabus. The program will be a mix of gymnastics and fundamental movement skills. SISA also builds on social skills development including cooperative learning and team building initiatives.

One session will include the Athletics carnival where they will bring a range of equipment to Mingara, making it fun and exciting for all students.

Start Date: Wednesday 30th April 2025 - Week 1 Term 2

End Date: Wednesday 2nd July 2025

The program will be run during normal class times.

Venue: School Oval

Cost: \$43.00 per student *** A discount of 50% applies to any 3rd child in your family ***

If you wish to make payments by instalments, kindly contact the office to set up the necessary arrangements.

Permission Note/Payment due no later than: Wednesday 16th April 2025

What to bring / Clothing: Students are required to wear full school sports uniform including sport shorts, school sport t-shirt and a hat. Bring a bottle of water and apply sunscreen at home.

Many thanks.

Matthew Brook
Activity Organiser

Sharlene Percival
Principal

Accident insurance information

In the event of injury, no accident or medical insurance cover is provided by the NSW Government Treasury Managed Fund for students participating in school sporting activities, physical education lessons or any other school endorsed activity, unless there is a breach of duty of care by department or school staff. The NSW Department of Education is insured to meet the financial impact of any legal liabilities arising from its activities. It does not provide, nor has it ever provided, accident or medical insurance for students enrolled in government schools.

Concussion management

When a student enrolled in a government school is diagnosed with concussion, the principal must be advised in writing as soon as the diagnosis is confirmed. Students may only return to sport and physical activity once a medical clearance has been provided to the school and, if at a school sport event, to the supervising teacher.

Any student that experiences a suspected concussion during a school-endorsed activity, will be removed from the activity and parents/carers will be advised that a medical follow-up is required.

If medical clearance is not provided, the student cannot participate in vigorous or competitive school sport or physical activities for 21 days from the concussion date.

Return permission slip to the office and pay via the Parent Portal by Wednesday 16th April 2025

I give / do not give permission for _____ of class _____ to attend the K-6 Gymnastics and Fundamental Movement Skills program taking place at Tuggerah Public School starting Wednesday 30th April 2025 at a cost of \$43.00.

- I acknowledge that my child will receive first aid or medical care during the event if required. The NSW Ambulance Schools and Group Cover Scheme 2024 (ASGCS) is an insurance policy that provides coverage for emergency ambulance services to NSW public school students attending approved, fully supervised school activities.
- I acknowledge my child has no medical condition or injury that places them at risk by participating in this event.
- I can confirm that I understand that, in the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity.
- If my child is diagnosed with concussion at any time, I must inform the school and provide a medical clearance to support their return to sport and physical activity. If my child experiences a suspected concussion during a school activity, they will be removed from the activity and medical follow-up recommended.

Signed (parent/carer): _____ Date: _____

Parent's daytime contact no.: _____

Please list any medical issues we need to be aware of in relation to this activity:

To make a payment, simply log in to Sentral for Parents Portal App and follow the prompts.