

ANTI-BULLYING PLAN

2023

Tuggerah Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Tuggerah Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students K-2 & 3-6 assemblies & TPS Bullying posters Backflips Against bullying presentation
Term 2	Behaviour matrix/ awards, Thumbs Up - introduced recess whole school assemblies and Spinner draw Harmony Day K-6
Term 3	National Day of Action Against Bullying 18 th August 2023
Term 4	Cyber safety virtual days

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	New Behaviour Strategy and Restrictive Practices Framework Restrictive Practices PL
Term 2	Teaching and reinforcing respectful relationship and promote a school culture where bullying is not acceptable
Term 3	Review with staff new process of Sentral logging and tracking of harassment Overview of Det Website & Bullying No Way Resource
Term 4	Review of whole school procedures and policies and Inclusive Practice Hub ARCO training for new staff

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Information is provided in Orange Casual folders provided to staff by Admin when they enter on duty at the school.

The Deputy Principal or an executive staff member speaks to new and casual staff when they enter on duty at the school as part of the induction process.

Stage AP s support casual teachers on their stage re School Behaviour Management Plan and current procedures / practices. This would include Orange folder information relating to class profiles and management strategies for students requiring additional support.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan

NSW Anti-bullying website

Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Restrictive Practices Policy operational - newsletter
Term 2	Parent meeting i.e P&C, parent/teacher night - Defining student bullying and school supports Bullying No Way and Racism No Way promotion in newsletter
Term 3	School website school Facebook and/or school newsletter - Bystander behaviour P & C informed of further details – IER and Restrictive Practices policies
Term 4	School website school Facebook and/or school newsletter - Cybersafety behaviour Parent feedback -online -survey student behaviour

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

The KidsMatter Framework program utilized, bullying survey annually, wide choice of structured activities available to students at breaks.

Division of oval to stage groups and SLSO s to equipment and structured play to provide students with more space and adult attention.

Kids Helpline cards

Student Voice surveys - social capabilities

Class letterboxes Gender stage advisors

Peer mediation Peer leaders / vests

Safe place in playground - structured play programs

Principal prize – upstander behaviour

Completed by: Cheryl Walker

Position: Deputy Principal

Signature:



Date: 28/6/2023

Principal name: Sharlene Percival

Signature:



Date: 28.6.2023