

Tuggerah Public School



Student Wellbeing Policy

Last amended: October 2018

Rationale:

The emotional and physical wellbeing of our students is pivotal to their success at school, as adolescents, and in their future lives. Physically and emotionally healthy students are happy, able to deal positively with life's challenges, experience a sense of connectedness with the school and others, and are well placed to develop into well-balanced and successful young adults.

Aims:

- To provide an educational environment which recognises, values and builds student wellbeing.
- To develop students who are physically and emotionally healthy.

Implementation:

- Developing the wellbeing of our students is central to our role as a school, and is reflected in our whole school philosophy.
- A culture of positive reinforcement and encouragement will permeate all facets of our school along with sound consequences for inappropriate behaviour.
- Student work and achievements will be regularly showcased and publicly recognised.
- Our school will value and encourage student individuality, differences and diversity.
- Programs that provide for the emotional health of students, such as *KidsMatter*, *Mind Up*, *Bounce Back* and *The Wellbeing Journal* will underpin our curriculum.
- Programs that support a safe environment that encourage open discussion, such as '*Protective Behaviours*', will be implemented across the school.
- The curriculum will be broad, will provide for the needs of individual students, and will be developed to cater for multiple intelligences.
- Programs that support the wellbeing of parents and families will be available.
- Strategies detailed Dept of Education programs and initiatives will be implemented across the school.
- The school will provide a trained Student Welfare Officer, funded by The Chaplaincy Program, for one day a week as well as a trained Counsellor for two days a week and will also access Dept of Education regional and network staff with wellbeing and/or welfare expertise as required.
- Programs dealing with issues such as Drug Education will form part of the school's Student Wellbeing program.
- An active Student Wellbeing Committee will form part of the school's decision-making team.
- Staff will be provided with professional development regarding student wellbeing, the implementation of wellbeing programs, and the resolution of wellbeing issues.
- All classrooms will implement *Class Letter Boxes*, *Circle Time*, as well as *Restorative Justice* and *Peer Mediation* process.

Evaluation:

This policy will be reviewed as part of the school's three-year review cycle

This policy was last updated in: January 2019.

